

Morning Prayer

Opening Sentence and Confession

Opening Sentence

Rend your heart, and not your garments, and turn unto the Lord your God; for he is gracious and merciful, slow to anger and of great kindness, and repenteth him of the evil.

Confession of Sin

Let us humbly confess our sins unto Almighty God.

**Almighty and most merciful Father,
we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.**

The Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

Invitatory and Psalter

V: O Lord, open thou our lips.

R: And our mouth shall show forth thy praise.

Glory be to the Father, and to the Son, and to the Holy Ghost: *

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Venite

O come, let us sing unto the Lord; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and show ourselves glad in him with psalms.

For the Lord is a great God, *
and a great King above all gods.
In his hand are the corners of the earth, *
and the strength of the hills is his also.
The sea is his, and he made it, *
and his hands prepared the dry land.

O come, let us worship and fall down, *
and kneel before the Lord our Maker.
For he is the Lord our God, *
and we are the people of his pasture and the sheep of his hand.

O worship the Lord in the beauty of holiness; *
let the whole earth stand in awe of him.
For he cometh, for he cometh to judge the earth, *
and with righteousness to judge the world and the peoples with his truth.

Psalm 69

Save me, O God, *
for the waters have risen up to my neck.
I am sinking in deep mire, *
and there is no firm ground for my feet.
I have come into deep waters, *
and the torrent washes over me.
I have grown weary with my crying; my throat is inflamed; *
my eyes have failed from looking for my God.
Those who hate me without a cause are more than the hairs of my head; my lying
foes who would destroy me are mighty. *
Must I then give back what I never stole?
O God, you know my foolishness, *
and my faults are not hidden from you.
Let not those who hope in you be put to shame through me, Lord GOD of hosts; *
let not those who seek you be disgraced because of me, O God of Israel.

Surely, for your sake have I suffered reproach, *
and shame has covered my face.

I have become a stranger to my own kindred, *
an alien to my mother's children.

Zeal for your house has eaten me up; *
the scorn of those who scorn you has fallen upon me.

I humbled myself with fasting, *
but that was turned to my reproach.

I put on sack-cloth also, *
and became a byword among them.

Those who sit at the gate murmur against me, *
and the drunkards make songs about me.

But as for me, this is my prayer to you, *
at the time you have set, O LORD:

"In your great mercy, O God, *
answer me with your unfailing help.

Save me from the mire; do not let me sink; *
let me be rescued from those who hate me and out of the deep waters.

Let not the torrent of waters wash over me, neither let the deep swallow me up; *
do not let the Pit shut its mouth upon me.

Answer me, O LORD, for your love is kind; *
in your great compassion, turn to me."

"Hide not your face from your servant; *
be swift and answer me, for I am in distress.

Draw near to me and redeem me; *
because of my enemies deliver me.

You know my reproach, my shame, and my dishonor; *
my adversaries are all in your sight."

Reproach has broken my heart, and it cannot be healed; *
I looked for sympathy, but there was none, for comforters, but I could find no one.

They gave me gall to eat, *
and when I was thirsty, they gave me vinegar to drink.

Let the table before them be a trap *
and their sacred feasts a snare.

Let their eyes be darkened, that they may not see, *
and give them continual trembling in their loins.

Pour out your indignation upon them, *
and let the fierceness of your anger overtake them.

Let their camp be desolate, *
and let there be none to dwell in their tents.

For they persecute him whom you have stricken *
and add to the pain of those whom you have pierced.

Lay to their charge guilt upon guilt, *
and let them not receive your vindication.

**Let them be wiped out of the book of the living *
and not be written among the righteous.**

As for me, I am afflicted and in pain; *
your help, O God, will lift me up on high.

**I will praise the Name of God in song; *
I will proclaim his greatness with thanksgiving.**

This will please the LORD more than an offering of oxen, *
more than bullocks with horns and hoofs.

**The afflicted shall see and be glad; *
you who seek God, your heart shall live.**

For the LORD listens to the needy, *
and his prisoners he does not despise.

**Let the heavens and the earth praise him, *
the seas and all that moves in them;**

For God will save Zion and rebuild the cities of Judah; *
they shall live there and have it in possession.

**The children of his servants will inherit it, *
and those who love his Name will dwell therein.**

Glory be to the Father, and to the Son, and to the Holy Ghost: *

As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Lessons

A Reading from Exod. 1:6-22 (NRSV)

Then Joseph died, and all his brothers, and that whole generation. But the Israelites were fruitful and prolific; they multiplied and grew exceedingly strong, so that the land was filled with them.

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live."

The Word of the Lord.

Thanks be to God.

Canticle 2: A Song of Praise

Blessed art thou, O Lord God of our fathers; *
praised and exalted above all for ever.

Blessed art thou for the name of thy Majesty; *
praised and exalted above all for ever.

Blessed art thou in the temple of thy holiness; *
praised and exalted above all for ever.

Blessed art thou that beholdest the depths, and dwellest between the Cherubim; *
praised and exalted above all for ever.

Blessed art thou on the glorious throne of thy kingdom; *
praised and exalted above all for ever.

Blessed art thou in the firmament of heaven; *
praised and exalted above all for ever.

Blessed art thou, O Father, Son, and Holy Spirit; *
praised and exalted above all for ever.

A Reading from Mark 8:27-9:1 (NRSV)

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, 'Who do people say that I am?' And they answered him, 'John the Baptist; and others, Elijah; and still others, one of the prophets.' He asked them, 'But who do you say that I am?' Peter answered him, 'You are the Messiah.' And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and

began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.' And he said to them, 'Truly I tell you, there are some standing here who will not taste death until they see that the kingdom of God has come with power.'

The Word of the Lord.

Thanks be to God.

Canticle 4: The Song of Zechariah

Blessed be the Lord God of Israel, *

for he hath visited and redeemed his people;

And hath raised up a mighty salvation for us *

in the house of his servant David,

As he spake by the mouth of his holy prophets, *

which have been since the world began:

That we should be saved from our enemies, *

and from the hand of all that hate us;

To perform the mercy promised to our forefathers, *

and to remember his holy covenant;

To perform the oath which he sware to our forefather Abraham, *

that he would give us,

That we being delivered out of the hand of our enemies *

might serve him without fear,

In holiness and righteousness before him, *

all the days of our life.

And thou, child, shalt be called the prophet of the Highest, *

for thou shalt go before the face of the Lord to prepare his ways;

To give knowledge of salvation unto his people *

for the remission of their sins,

Through the tender mercy of our God, *

whereby the dayspring from on high hath visited us;

To give light to them that sit in darkness and in the shadow of death, *

and to guide our feet into the way of peace.

Glory be to the Father, and to the Son, and to the Holy Ghost: *

As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.

People **And with thy spirit.**

Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,

but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.

Suffrages

V. O Lord, save thy people and bless thine heritage;
R. **Govern them and lift them up for ever.**
V. Day by day we magnify thee;
R. **And we worship thy name for ever, world without end.**
V. Vouchsafe, O Lord, to keep us this day without sin;
R. **O Lord, have mercy upon us, have mercy upon us.**
V. O Lord, let thy mercy be upon us;
R. **As our trust is in thee.**
V. O Lord, in thee have I trusted;
R. **Let me never be confounded.**

The Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for the Renewal of Life

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of thy faithful people is governed and sanctified: Receive our supplications and prayers which we offer before thee for all members of thy holy Church, that in their vocation and ministry they may truly and godly serve thee; through our Lord and Savior Jesus Christ. **Amen.**

Prayers and Thanksgivings

The General Thanksgiving

Almighty God, Father of all mercies,
we thine unworthy servants
do give thee most humble and hearty thanks
for all thy goodness and loving-kindness
to us and to all men.

We bless thee for our creation, preservation,
and all the blessings of this life;
but above all for thine inestimable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we beseech thee,
give us that due sense of all thy mercies,
that our hearts may be unfeignedly thankful;

and that we show forth thy praise,
not only with our lips, but in our lives,
by giving up our selves to thy service,
and by walking before thee
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory, world without end.

A Prayer of St. Chrysostom

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**