Morning Prayer

Opening Sentence

Nations shall come to your light, and kings to the brightness of your rising. Amen.

Confession of Sin

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Invitatory and Psalter

- V: Lord, open our lips.
- R: And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Venite

The Lord has shown forth his glory: Come let us adore him.

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.

In his hand are the caverns of the earth, *
and the heights of the hills are his also.

The sea is his, for he made it, * and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

The Lord has shown forth his glory: Come let us adore him.

Psalm 119: Aleph

Happy are they whose way is blameless, * who walk in the law of the LORD! Happy are they who observe his decrees * and seek him with all their hearts! Who never do any wrong, * but always walk in his ways. You laid down your commandments, * that we should fully keep them. Oh, that my ways were made so direct * that I might keep your statutes! Then I should not be put to shame, * when I regard all your commandments. I will thank you with an unfeigned heart, * when I have learned your righteous judgments. I will keep your statutes; * do not utterly forsake me.

Psalm 119: Beth

How shall a young man cleanse his way? * By keeping to your words. With my whole heart I seek you; * let me not stray from your commandments. I treasure your promise in my heart, * that I may not sin against you. Blessed are you, O LORD; * instruct me in your statutes. With my lips will I recite * all the judgments of your mouth. I have taken greater delight in the way of your decrees * than in all manner of riches. I will meditate on your commandments * and give attention to your ways. My delight is in your statutes; * I will not forget your word.

Psalm 119: Gimel

Deal bountifully with your servant, * that I may live and keep your word. Open my eyes, that I may see * the wonders of your law. I am a stranger here on earth; * do not hide your commandments from me. My soul is consumed at all times * with longing for your judgments. You have rebuked the insolent; * cursed are they who stray from your commandments! Turn from me shame and rebuke, * for I have kept your decrees. Even though rulers sit and plot against me, * I will meditate on your statutes. For your decrees are my delight, * and they are my counselors. Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

The First Reading Isa. 41:1-16

A Reading from the Prophet Isaiah.

Listen to me in silence, O coastlands; let the peoples renew their strength; let them approach, then let them speak; let us together draw near for judgment. Who has roused a victor from the east, summoned him to his service? He delivers up nations to him, and tramples kings under foot; he makes them like dust with his sword, like driven stubble with his bow. He pursues them and passes on safely, scarcely touching the path with his feet. Who has performed and done this, calling the generations from the beginning? I, the LORD, am first, and will be with the last. The coastlands have seen and are afraid, the ends of the earth tremble; they have drawn near and come. Each one helps the other, saying to one another, "Take courage!" The artisan encourages the goldsmith, and the one who smooths with the hammer encourages the one who strikes the anvil, saying of the soldering, "It is good"; and they fasten it with nails so that it cannot be moved. But you, Israel, my servant, Jacob, whom I have chosen, the offspring of Abraham, my friend; you whom I took from the ends of the earth, and called from its farthest corners, saying to you, "You are my servant, I have chosen you and not cast you off";

do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand. Yes, all who are incensed against you shall be ashamed and disgraced; those who strive against you shall be as nothing and shall perish. You shall seek those who contend with you, but you shall not find them; those who war against you shall be as nothing at all. For I, the LORD your God, hold your right hand; it is I who say to you, "Do not fear, I will help you." Do not fear, you worm Jacob, you insect Israel! I will help you, says the LORD; your Redeemer is the Holy One of Israel. Now, I will make of you a threshing sledge, sharp, new, and having teeth; you shall thresh the mountains and crush them, and you shall make the hills like chaff. You shall winnow them and the wind shall carry them away, and the tempest shall scatter them. Then you shall rejoice in the LORD; in the Holy One of Israel you shall glory.

The Word of the Lord.

Thanks be to God.

The Third Song of Isaiah

Arise, shine, for your light has come, * and the glory of the Lord has dawned upon you. For behold, darkness covers the land; * deep gloom enshrouds the peoples. But over you the Lord will rise, * and his glory will appear upon you. Nations will stream to your light, * and kings to the brightness of your dawning. Your gates will always be open; * by day or night they will never be shut. They will call you, The City of the Lord, * The Zion of the Holy One of Israel. Violence will no more be heard in your land, * ruin or destruction within your borders. You will call your walls, Salvation, * and all your portals, Praise. The sun will no more be your light by day; * by night you will not need the brightness of the moon. The Lord will be your everlasting light, * and your God will be your glory. Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The Second Reading

Mark 1:29-45

A Reading from the Gospel According to Mark.

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

A leper came to him begging him, and kneeling he said to him, "If you choose, you can make me clean." Moved with pity, Jesus stretched out his hand and touched him, and said to him, "I do choose. Be made clean!" Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a

testimony to them." But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

The Word of the Lord.

Thanks be to God.

The Song of Zechariah

Blessed be the Lord, the God of Israel; *

he has come to his people and set them free.

He has raised up for us a mighty savior, *

born of the house of his servant David.

Through his holy prophets he promised of old,

that he would save us from our enemies, *

from the hands of all who hate us.

He promised to show mercy to our fathers *

and to remember his holy covenant.

This was the oath he swore to our father Abraham, *

to set us free from the hands of our enemies,

Free to worship him without fear, *

holy and righteous in his sight

all the days of our life.

You, my child, shall be called the prophet of the Most High, *

for you will go before the Lord to prepare his way,

To give his people knowledge of salvation *

by the forgiveness of their sins.

In the tender compassion of our God *

the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death, * and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

I believe in God, the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you. People And also with you. Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages

- V. Save your people, Lord, and bless your inheritance;
- R. Govern and uphold them, now and always.
- V. Day by day we bless you;
- R. We praise your name for ever.
- V. Lord, keep us from all sin today;
- R. Have mercy on us, Lord, have mercy.
- V. Lord, show us your love and mercy;
- R. For we put our trust in you.
- V. In you, Lord, is our hope;
- R. And we shall never hope in vain.

The Collect of the Day

Father in heaven, who at the baptism of Jesus in the River Jordan proclaimed him your beloved Son and anointed him with the Holy Spirit: Grant that all who are baptized into his Name may keep the covenant they have made, and boldly confess him as Lord and Savior; who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. **Amen.**

A Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Prayers and Thanksgivings

The General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made.

We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Let us bless the Lord.

Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**